

# Dr. Mommy

online.com



## Helping you achieve balance in your life

Founder & CEO of Dr. Mommy Online as well as a Doctor of Chiropractic, author, speaker, radio personality, devoted wife and mother to five children, always upbeat and motivating, Dr. Sutherland shares her wisdom via her writings, and speaking engagements. Her mission statement is to Inspire, Motivate and Encourage you to be the best you can possibly be!

### **Dr. Sutherland speaks to groups of:**

- work from home moms & dads
- stay at home moms & dads
- entrepreneurs
- married couples

### **Speaking Topics:**

#### **Balancing the Budget of Harmony**

In the new economy many families are focused on their financial budget, all the while allowing the stress to take over their business, health and family relationships. Dr. Sutherland shares her 4Cs to get your relationships working to achieve balance and harmony.

To schedule Dr. Sutherland for speaking engagements contact her at:

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